Skin Cancer And Radiotherapy Review

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Disclosures

- I am not paid by 'big melanoma'
 - Only 'big AHS'
- No outside funding to disclose

We have 1 hour

- What this is:
 - A basic science and anatomy refresher as it pertains to skin cancer and radiotherapy
 - An overview of *some* of the literature supporting and guiding treatment decisions in the use of radiotherapy in skin cancers
- What this is not:
 - A complete review of systemic agents and their use in skin cancers
 - Eg immunotherapy, targeted therapies
 - An exhaustive treatment planning compendium

Objectives

01

Review UV Radiobiology 02

Review Melanoma and Radiotherapy

03

Review BCC and SCC and Radiotherapy 04

Review Merkel Cell Carcinoma and Radiotherapy 05

Anatomy Refresher

UV carcinogenesis

UV Radiation is:





A) IONIZING B) NON-IONIZING

UV Spectrum



UV radiation – chemical reaction

- >=10 eV or λ <=125nm is ionizing ('far' ultraviolet)
- Most UV radiation non ionizing (UV B)
- Forms pyrimidine dimers (T-T) which are cytotoxic
- UVB thought to be the cause of melanoma and other skin cancers
- UVA cause skin cancers and premature aging of skin

AGENT	D ₃₇	DNA LESION	NUMBER OF LESIONS PER CELL PER D ₃₇
X-rays	1 Gy	SSB	1,000
		DSB	40
Bleomycin	5.5 µg × 1 h	SSB	150
		DSB	30
Ultraviolet light	10 J/m ²	TT dimer	1,000,000
		SSB	100
Benzopyrene	_	Adduct	100,000

SSB, single-strand break; DSB, double-strand break; TT, thymine-thymine. Courtesy of Dr. John Ward, University of California, San Francisco.

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UV Carcinogenesis



UV induced immunosuppression







Melanoma

Always on your differential diagnosis

Table 1: Projected estimates of new cases and age-standardized incidence rates for cancers in Canada in 2020, by sex

	N	lo. of new case	ASIR*				
Type of cancer	Total†	Males	Females	In both sexes	Males	Females	
All cancers‡	225 800	115 800	110 000	519.4	557.8	491.2	
Lung and bronchus	29800	15000	14800	61.4	64.8	59.3	
Breast	27700	240	27400	66.9	1.1	128.2	
Colorectal	26900	14900	12000	60.5	71.5	50.8	
Prostate	23 300	23 300	NA	NA	116.7	NA	
Bladder§	12200	9400	2800	25.0	42.0	10.7	
Non-Hodgkin lymphoma	10400	5800	4500	24.4	29.3	20.2	
Thyroid	8600	2300	6400	22.5	11.7	33.1	
Melanoma	8000	4400	3600	21.8	25.2	19.2	
Kidney and renal pelvis	7500	4900	2600	17.3	23.6	11.5	
Uterus (body, NOS)	7400	NA	7400	NA	NA	35.0	
Leukemia	6900	4100	2800	16.5	21.1	12.6	
Pancreas	6000	3100	2900	13.0	14.2	11.8	
Oral	5400	3700	1650	12.8	18.5	7.5	
Stomach	4200	2700	1450	9.4	13.1	6.1	
Multiple myeloma	3400	2000	1450	7.8	9.7	6.1	
Ovary	3100	NA	3100	NA	NA	14.2	
Liver	3100	2300	810	6.8	10.6	3.3	
Brain/CNS	3000	1700	1350	7.1	8.3	5.9	
Esophagus	2400	1850	550	5.7	9.3	2.4	
Cervix	1350	NA	1350	NA	NA	7.1	
Testis	1150	1150	NA	NA	6.5	NA	
Larynx	1150	980	180	2.3	4.1	0.7	
Hodgkin lymphoma	1000	570	440	2.6	2.9	2.3	
All other cancers	21800	11300	10500	47.5	53.2	43.2	

Note: ASIR = age-standardized incidence rate, CNS = central nervous system, NOS = not otherwise specified, NA = not applicable. *Rates exclude those from Quebec.

†Column total may not sum to row totals owing to rounding.

tAll cancers excludes nonmelanoma skin cancers (neoplasms, NOS; epithelial neoplasms, NOS; and basal and squamous). §Bladder cancer includes in situ carcinomas.

Table 2: Projected estimates of deaths and age-standardized mortality rates for cancers in Canada in 2020, by sex

		No. of deat	hs	ASMR			
Type of cancer	Total*	Males	Females	Both sexes	Males	Females	
All cancers	83 300	44 100	39 300	188	219.7	164.2	
Lung and bronchus	21200	11000	10200	47.2	53.4	42.5	
Colorectal	9700	5300	4400	21.8	26.4	18.0	
Pancreas	5300	2700	2600	12.0	13.5	10.7	
Breast	5100	55	5100	11.9	0.3	22.0	
Prostate	4200	4200	NA	NA	21.8	NA	
Leukemia	3000	1800	1250	6.9	9.0	5.2	
Non-Hodgkin lymphoma	2900	1600	1250	6.5	8.1	5.1	
Bladder	2600	1850	720	5.7	9.6	2.8	
Brain/CNS	2500	1400	1050	5.8	7.1	4.7	
Esophagus	2300	1750	510	5.1	8.6	2.1	
Ovary	1950	NA	1950	NA	NA	8.3	
Stomach	1950	1200	760	4.5	6.0	3.2	
Kidney and renal pelvis	1950	1300	680	4.4	6.4	2.8	
Multiple myeloma	1600	880	700	3.5	4.4	2.8	
Oral	1500	1050	440	3.5	5.3	1.8	
Liver†	1450	1150	290	3.2	5.5	1.2	
Uterus (body, NOS)	1300	NA	1300	NA	NA	5.4	
Melanoma	1300	870	450	3.1	4.4	2.0	
Cervix	410	NA	410	NA	NA	2.0	
Larynx	400	330	75	0.9	1.6	0.3	
Thyroid	230	110	130	0.5	0.5	0.5	
Hodgkin lymphoma	100	65	40	0.2	0.3	0.2	
Testis	35	35	NA	NA	0.2	NA	
All other cancers	10 400	5400	5000	23.5	27.3	20.5	

Note: ASMR = age-standardized mortality rate, CNS = central nervous system, ICD-10 = International Statistical Classification of Diseases and Related Health Problems, 10th Revision, NA = not applicable, NOS = not otherwise specified.

*Column total may not sum to row totals owing to rounding.

†Liver cancer mortality was underestimated because deaths from liver cancer, unspecified (ICD-10 code C22.9) were excluded.

6	Male	es	Fema	ales	Both sexes		
Cancer	Cases	Deaths	Cases	Deaths	Cases	Deaths	
All cancers	11,200	3,800	10,100	3,400	21,300	7,200	
Prostate	3,000	440	N/A	N/A	3000	440	
Breast	15	5	2,800	480	2,815	485	
Colorectal	1,450	460	1,100	330	2,550	790	
Lung and bronchus (lung)	1,150	850	1,250	890	2,400	1,740	
Bladder	800	160	220	55	1,020	215	
Non-Hodgkin lymphoma	520	130	390	95	910	225	
Melanoma	390	70	350	45	740	115	
Uterus (body, NOS)	N/A	N/A	750	110	750	110	
Leukemia	440	140	290	100	730	240	
Kidney and renal pelvis	480	110	230	55	710	165	
Thyroid	200	15	500	10	700	25	
Pancreas	280	240	270	250	550	490	
Oral	360	80	140	35	500	115	
Brain/CNS	170	140	130	90	300	230	
Multiple myeloma	190	75	110	60	300	135	
Stomach	190	95	110	65	300	160	
Esophagus	240	210	50	50	290	260	
Liver	190	100	75	30	265	130	
Ovary	N/A	N/A	240	170	240	170	
Cervical	N/A	N/A	170	40	170	40	
Testis	160	5	N/A	N/A	160	5	
Hodgkin lymphoma	70	5	40	5	110	10	
Larynx	75	35	10	5	85	40	

Summary of projected number of cancer cases and deaths in Alberta (AB) in 2020*

Melanoma Risk factors

- UVB
 - Greatest increase in RR in people who experience blistering sunburns
- Fair complexion
- Numerous benign or larger atypical nevi (>5mm)
 - 15% of melanomas are from melanocytic nevi
 - <10% are from non cutaneous sites. Commonly:
 - Mucosal
 - Uveal
 - Gyne areas
- Personal hx (HR 900)
- Family hx

Don't forget your ABCDEs



Melanoma Genetics

- 10% familial with mutations in:
 - CDKN2A
 - CDK4
 - XP
 - BRCA2
- Familial atypical multiple mole-melanoma syndrome (FAMMM)
- CDKN2A mutation in >70% of lesions
- BRAF mutations
 - Younger, male patients
 - Tends to be more aggressive
 - 40-60% in advance disease

Normal Skin histology



Clark's levels

- 1. Confined to epidermis (in situ)
- 2. Invasion into papillary dermis
- 3. Invasion to junction of papillary and reticular dermis
- 4. Invasion into reticular dermis
- 5. Invasion into subcutaneous fat

Staging and Prognosis

		December of	TCategory								
N	Number of tumor-	in-transit,	TO	Tla	Tib	T2a	T2b	T3a	T3b	T4a	T4b
Category	involved regional lymph nodes	and/or microsatellite metastases	No evidence of primary tumor	<0.8 mm without ulceration	<0.8 mm with ulceration or 0.8-1.0 mm with or without ulceration	>1.0-2.0 mm without ulceration	>1.0-2.0 mm with ulceration	>2.0-4.0 mm without ulceration	>2.0-4.0 mm with ulceration	>4.0 mm without ulceration	>4.0 mm with ulceration
NO	No regional metastases detected	No	-	IA	IA	IB	IIA	IIA	IIB	IIB	IIC
N1a	1 clinically occult (i.e., detected by SLN biopsy)	No	-	IIIA	IIIA	IIIA	IIIB	IIIB	IIIC	IIIC	IIIC
N1b	1 clinically detected	No	IIIB	IIIB	ШВ	IIIB	IIIB	IIIB	IIIC	IIIC	IIIC
N1c	No regional lymph node disease	Yes	IIIB	IIIB	ШВ	IIIB	IIIB	IIIB	IIIC	IIIC	IIIC
N2a	2 or 3 clinically occult (i.e., detected by SLN biopsy)	No	-	IIIA	IIIA	IIIA	IIIB	IIIB	IIIC	IIIC	IIIC
N2b	2 or 3, at least 1 of which was clinically detected	No	IIIC	IIIB	IIIB	IIIB	ШВ	IIIB	IIIC	IIIC	IIIC
N2c	1 clinically occult or clinically detected	Yes	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC
N3a	≥4 clinically occult (i.e., detected by SLN biopsy)	No	-	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIID
N3b	≥4, at least 1 of which was clinically detected, or the presence of any number of matted nodes	No	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIID
N3c	≥2 clinically occult or clinically detected and/or presence of any number of matted nodes	Yes	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIIC	IIID

TO - no evidence of primary tumor (e.g., unknown primary or completely regressed melanoma); Tis - melanoma in situ;

Tx - thickness cannot be assessed. (Tis and Tx are not included in the table but are part of the staging system.)

Nx — Regional nodes not assessed (e.g., SLN biopsy not performed, regional nodes previously removed for another reason). Exception: pathological N category is not required for T1 melanomas, use clinical N information. (If an SLNB was performed, the results can and *should* be used for pathological evaluation.)



TCategory								
TO	Tla	Tib	T2a	T2b	T3a	T3b	T4a	T4b
No evidence of primary tumor	<0.8 mm without ulceration	<0.8 mm with ulceration or 0.8-1.0 mm with or without ulceration	>1.0-2.0 mm without ulceration	>1.0-2.0 mm with ulceration	>2.0-4.0 mm without ulceration	>2.0-4.0 mm with ulceration	>4.0 mm without ulceration	>4.0 mm with ulceration

N Category	Number of tumor- involved regional lymph nodes	Presence of in-transit, satellite and/or microsatellite metastases
NO	No regional metastases detected	No
N1a	1 clinically occult (i.e., detected by SLN biopsy)	No
N1b	1 clinically detected	No
N1c	No regional lymph node disease	Yes
N2a	2 or 3 clinically occult (i.e., detected by SLN biopsy)	No
N2b	2 or 3, at least 1 of which was clinically detected	No
N2c	1 clinically occult or clinically detected	Yes
N3a	≥4 clinically occult (i.e., detected by SLN biopsy)	No
N3b	≥4, at least 1 of which was clinically detected, or the presence of any number of matted nodes	No
N3c	≥2 clinically occult or clinically detected and/or presence of any number of matted nodes	Yes







M Staging

- What is needed for melanoma M staging?
 - Anatomy involved
 - Don't forget LDH

	M Criteria	a		
M Category	Anatomic site	LDH level		
MO	No evidence of distant metastasis	Not applicable		
M1	Evidence of distant metastasis	See below		
M1a	Distant metastasis to skin, soft tissue including muscle,	Not recorded or unspecified		
M1a(0)	and/or nonregional lymph	Not elevated		
M1a(1)	node	Elevated		
M1b	Distant metastasis to lung with or without M1a sites of	Not recorded or unspecified		
M1b(0)	disease	Not elevated		
M1b(1)		Elevated		
M1c	Distant metastasis to non-CNS visceral sites with	Not recorded or unspecified		
M1c(0)	or without M1a or M1b sites	Not elevated		
M1c(1)	of disease	Elevated		
M1d	Distant metastasis to CNS with or without M1a, M1b, or	Not recorded or unspecified		
M1d(0)	M1c sites of disease	Normal		
M1d(1)		Elevated		

Suffixes for M category: (0) LDH not elevated, (1) LDH elevated. No suffix is used if LDH is not recorded or is unspecified.

Pathological subtypes

- Superficial spreading (70%), worst prognosis
- Lentigo maligna (insitu freckle), lentigo maligna melanoma (invasive)
 - 10% LN positive, 5y OS 85% WLE alone
- Acral lentiginous
 - Increased in dark skinned, palms, soles
- Nodular (no radial growth)
- Desmoplastic
 - Older, more PNI, increased LR, decreased LN
- Mucosal melanoma (1%)

Presentation

- 5% with DM at diagnosis
 - 33% of these with unknown primary
- 85% with localized disease
- 10% present with regional disease

Workup

- Stage I-II
 - Imaging only to evaluate specific symptoms
- Stage III
 - SLN+ consider baseline imaging
 - cN+ or intransit, local and distant imaging
- SLNB if:
 - >0.75mm
 - Consider if ulceration, LVSI, and/or mitotic rate >=1mm2
- Clinical LN exam has 20% discordance

NCCN Margins

PRINCIPLES OF SURGICAL MARGINS FOR WIDE EXCISION OF PRIMARY MELANOMA

Tumor Thickness	Recommended Clinical Margins ^b
In situ ^a	0.5–1.0 cm
≤1.0 mm	1.0 cm (category 1)
>1.0–2 mm	1-2 cm (category 1)
>2.0–4 mm	2.0 cm (category 1)
>4 mm	2.0 cm (category 1)

- Margins may be modified to accommodate individual anatomic or functional considerations.
- Consider histologic margin assessment prior to reconstruction and closure.

Treatment of locally advanced melanoma

- Care pathways complex, evolving as evidence for systemic therapy advances
- High-dose interferon- α x1 year after resection for high risk melanoma
 - Stages IIB, IIC, III
 - Many trials ECOG 1684/1690/1694
- Adjuvant ipilumumab in stage III disease (EORTC 18071)

Post-hoc meta-analysis of EORTC 18952 18991, Eggermont et al, 2012



Stage IIb/III-N1: HR 0.58 (99% CI 0.40–0.86), p=0.0003. Stage III-N2: HR 0.89 (99% CI 0.62 to -1.28), p=0.41.

EORTC 18071 – Long term followup, Eggermont et al, 2019

С



Yrs

Another win for immunotherapy – SWOG S1801



Neoadjuvant vs Adjuvant IO



Adjuvant RT

- TROG 02.01 (Burmeister Lancet '12, Henderson '15)
 - Palpable LND +- ISRT 48 Gy / 20 fr (margin+ 51 Gy/21)
 - SLNB not allowed
 - Nonmetastatic palpable LN at dx or at LN relapse
 - 1 parotid, 2 neck, 2 axilla, 3 groin, >=3cm neck, >=4cm axillary/inguinal
 - <mark>"1,22,33,4"</mark>
 - <5% of patients got adjuvant interferon

TROG 02.01



Figure 2: Cumulative incidence curves of lymph-node field relapse as a site of first relapse (competing risks: other relapse and death)



Figure 3: Overall survival of eligible patients

Adjuvant RT indications

- Burmeister criteria
- Usually in nodal recurrences, given no survival differences
- No randomized controlled trial of adjuvant immunotherapy vs RT
- Also consider ECE, >4mm esp if ulcerated or with satellitosis, and SLNB+ without completion dissection
Hypofractionation – 30 Gy / 5 2-3x/week

- Several phase II studies, retrospective
 - MDACC Ang IJROBP '94, Ballo Cancer '06
- UF 60Gy /30 vs 30 Gy/ 5
 - Chang IJROBP '09

- Bottom line
 - Probably equally as efficacious as moderate hypo or standard frac
 - Late toxicity a bit worse, cosmesis worse

Definitive RT

- a/b ratio ~ 0.4-2.5
- Retrospective data showed increasing efficacy with fraction size
 - Lead to RTOG 8305 definitive palliation of 32 Gy/4 fr vs 50 Gy / 20
 - No difference in LR< 32 Gy toxic with G4 toxicity
 - CR ~ 25%
- 50-55Gy/20 daily
- 42 Gy 54 Gy / 6 biweekly

NCCN - Metastatic Disease

	SYSTEMIC THERAPY FOR MET	AST	TATIC OR UNI	RES	ECTABLE DISEASE ^{a,b}
FIRS	T-LINE THERAPY ^c				SECOND-LINE OR SUBSEQUENT THERAPY
Metastatic or unresectable disease	erred regimens ti PD-1 monotherapy ^{d,e} Pembrolizumab (category 1) Nivolumab (category 1) <i>v</i> olumab/ipilimumab (category 1) ^{d,e,f} mbination targeted therapy if <i>BRAF</i> V600- tivating mutation ^{g,h,i,j} Dabrafenib/trametinib (category 1) Vemurafenib/cobimetinib (category 1) Encorafenib/binimetinib (category 1) Encorafenib/binimetinib (category 1) er recommended regimens mbination targeted therapy and ti-PD-L1 therapy if BRAF V600 activating Itation present ^{d,g,h} Vemurafenib/cobimetinib + atezolizumab ^k		Disease progression or Maximum clinical benefit from <i>BRAF</i> - targeted therapy	-	 Systemic therapy Preferred regimens Anti PD-1 monotherapy^{d,e} Pembrolizumab Nivolumab/ipilimumab^{d,e,f} Nivolumab/ipilimumab^{d,e,f} Combination targeted therapy if <i>BRAF</i> V600-activating mutation^{h,i,j} Dabrafenib/trametinib Vemurafenib/cobimetinib Encorafenib/binimetinib Other regimens Ipilimumab^d High-dose IL-2^m Useful in certain circumstances Ipilimumab^d/intralesional T-VEC (category 2B) Cytotoxic agentsⁿ Imatinib for tumors with activating mutations of <i>KIT</i> Larotrectinib or entrectinib for <i>NTRK</i> gene fusion-positive tumors Binimetinib for <i>NRAS</i>-mutated tumors that have progressed after prior immune checkpoint inhibitor therapy^o (category 2B) Consider best supportive care for poor performance

status (See NCCN Guidelines for Palliative Care)

Metastatic disease

- Ipilimumab CTLA4 antibody
 - Improves OS
- Vemurafenib, Dabrafenib (BRAF inhibitors, V600 mutation)
- IL-2
- Imatinib (C-kit)



NB: Abscopal effect

- First described clinical complete response for pathologically involved neck lymph nodes second to recurrent erysipelas in 1891, reported in 1914 by William B Coley
- Radiation therapy apt to induce abscopal in melanoma, albeit rare
 - Perhaps more likely in patients treated with immunotx
 - Perhaps more likely with ablative or high dose/fraction treatments

Non-Melanoma Skin Cancers

SCC and BCC

Epidemiology – Geographic Variation

Journal of Cutaneous Medicine and Surgery 20(2)



Figure 4. Lifetime risk for developing basal cell carcinoma in males (BCC[M]) and females (BCC[F]) and Squamous Cell Carcinoma in males (SCC[M]) and females (SCC[F]) in Manitoba, British Columbia, Alberta, New Brunswick, and the US.

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SCC and BCC Risk Factors

- Older age
- Higher UV exposure (UVB > UVA)
- Skin type
- Prior RT exposure
- Chronic inflammation (SCC>BCC)
- Chemical exposure
- Immune deficiency
 - Transplant
 - SLL/CLL

BCC, SCC Genetics

Gorlin syndrome

- (basal cell nevus syndrome, PTCHmt)
- Autosomal dominant
- Multiple BCCs, RMS, medulloblastoma, fibrosarcomas, palmar/plantar pits, frontal bossing, bifid ribs, bone cysts
- Classically, avoid irradiating these patients





Bazex-Dupre-Christol syndrome

- X-linked, dominant
- Multiple BCC and pitting 'ice pick' scars on the skin





Xeroderma pigmentosum

- Xeroderma pigmentosum:
 - X-linked
 - Increased sensitivity to UV radiation
 - 1000 increased risk of skin cancer (~57% lifetime risk)
 - Faulty NER repair



- Albinisim
 - 35% lifetime risk of skin cancer
- Muir-Torre syndrome
 - Autosomal dominant
 - Sebaceous skin tumours, eyelid, GI/GU malignancies
 - Associated with MSH-1 and MLH-1 (DNA MMR genes)



Muir-Torre syndrome

BCC Genetics

- >90% associated with abnormal hedgehog pathway signaling
- Vismodegib acts on the Sonic Hedgehog Pathway (SHH)



BCC Pathologies

- Nodular (60%) papule
- Superficial (30%) scaly macule
- Morpheaform (5-10%)
 - More likely to have infiltrating growth
- Infiltrative, Basoquamous (rare)
 - More aggressive, behave more similar to SCC

BCC Natural History

- Locally aggressive
- 0.1% PNI
 - CN V, VII most likely
- <1% metastasize

SCC Pathologies

- SCC in Situ Bowen's disease
- Superficial
- Spindle cell

SCC Natural history

- Actinic Keratosis is premalignant lesion
 - 6-10% of invasive SCC in 10 years if multiple AK's
- PNI ~10%
- ~5% metastases
 - P16 positive in ~1/3 but not prognostic

SCC Lymph Node Risk

- G1
 - LN~1%
- G3, >3cm, DOI >4mm, lips, and temporal lesions
 - LN~15%
- Originating in burn scar or osteomyelitis
 - LN~30%

SCC Distant Risk

- Brantsch Lan Onc '08
 - Prospective series
 - 615 patients, MFU ~4y
- Increased tumor thickness >6mm
- Immunosuppresion
- Location on the ear (up to 10% DM)
- Increased tumor diameter
 - <2cm, DM 1.9%
 - >2cm DM 7.5%
 - >5cm, DM 20%



TABLE 17.3: AJCC 8th ed. (2017) Staging System for Cutaneous Squamous Cell Carcinoma								
	N	cN0	cN1	cN2a	cN2b	cN2c	cN3a	cN3b
T/M								
T1	• <2 cm	Ι						
T2	• 2.1–4 cm	II	III		IVA			
T3	 >4 cm 1 high risk feature¹ 							
T4a• Gross cortical bone								
<tb>T4b• Invasion into skull base</tb>				IVB				
M1	• Distant metastasis	IVC						
<i>Notes:</i> 1 high risk feature ¹ = Minor bone erosion, PNI (nerve measuring ≥ 0.1 mm), or deep invasion (beyond subcutaneous fat or >6 mm depth). Nodal category definition is similar to other non-HPV-associated head and neck cancers; see Table 10.4 for clinical and pathologic nodal categories.								

TABLE 17.4: Brigham and Women's Hospital Staging System for Cutaneous Squamous Cell Carcinoma

		10-yr LR	High-Risk Factors
T1	0 High-risk factors	0.6%	Tumor ≥2 cm
T2a	1 High-risk factor	5%	Poor differentiation
T2b	2–3 High-risk factors	21%	PNI ≥0.1 mm
T3	≥4 High-risk factors	67%	Tumor beyond fat (bone invasion automatically T3)

Prognosis - Karia, JCO 2014



Surgery or RT?

30 Actuarial rate

40

British Journal of Cancer (1997) 76(1), 100-106 © 1997 Cancer Research Campaign

Basal cell carcinoma of the face: surgery or radiotherapy? Results of a randomized study

M-F Avril¹, A Auperin², A Margulis³, A Gerbaulet⁴, P Duvillard⁵, E Benhamou², J-C Guillaume⁶, R Chalon¹, J-Y Petit⁷, H Sancho-Garnier⁸, M Prade⁵, J Bouzy² and D Chassagne⁴

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Among the 173 patients in the radiotherapy group, 95 were treated with interstitial brachytherapy, 57 with contactherapy, 20 with conventional radiotherapy and one with surgery. Contactherapy was applied to smaller BCCs (8.4 mm, s.d. = 3.2), brachytherapy used for intermediate sized BCCs (12.9 mm, s.d. = 5.8) and conventional radiotherapy for the largest BCCs (15.5 mm, s.d. = 5.8).

For brachytherapy, the silk suture technique was used in 87 cases. The range of the doses delivered was 57-76 Gy. Forty-five patients received 65 Gy and 27 received 70 Gy. Most of the time, two or three radioactive lines were used (70 and 23 patients respectively). Local anaesthesia was performed in 80 patients. The mean duration of hospitalization was 6.9 days (s.d. = 1.8).

The range of the dose delivered by contactherapy was 34-40 Gy, with two-thirds of the patients receiving 36 Gy.

The doses delivered by conventional radiotherapy were 60 Gy in 18 cases, 65 Gy in one case and 33 Gy in another case. The duration of treatment varied 5-7 weeks.





Comparing Modalities

Technique	Low risk LC	High Risk LC
Surgical excision with post operative margin assessment	90-95%	83-88%
Mohs	99%	90-94%
RT	90-96%	80-88%

More details in recent metaanalysis - Lee et al, Cancer 2020

ASTRO Guidelines – Likhacheva, PRO 2019

Key questions and recommendations:

- Indications for definitive RT
- Indications for postoperative RT
- Indications for treating regional nodes and regional disease management
- Radiation techniques and dose-fractionation schedules for primary site management
- Use of chemotherapy, biologic, and immunotherapy agents before, during, or after RT

Table 4. Recommendations for definitive RT

	KQ1 Recommendations	Strength of Recommendation	Quality of Evidence (Refs)
1.	In patients with BCC and cSCC who cannot undergo or decline surgical resection, definitive RT is recommended as a curative treatment modality.	Strong	Moderate 3-8
2.	In patients with BCC and cSCC in anatomical locations where surgery can compromise function or cosmesis, definitive RT is conditionally recommended as a curative treatment modality.	Conditional	Moderate 9-11
3.	Definitive RT for BCC and cSCC is conditionally not recommended in patients with genetic diseases predisposing to heightened radiosensitivity.	Conditional	Expert Opinion

Abbreviations: BCC = basal cell carcinoma; cSCC = cutaneous squamous cell carcinoma; KQ = key question; RT = radiation therapy.

Definitive RT

- Central lesions >5mm
 - Nasal ala
 - Eyelids
 - Tip of nose
 - Lip commissure
- Lesions >2cm
 - Forehead
 - Scalp

- (relative) contraindications
 - Poor blood supply or high trauma
 - Dorsum of hand
 - Belt line
 - Shin
 - Previous RT to area
 - Exposed cartilage/bone
 - Gorlin syndrome
 - XP

Table 5. Recommendations for PORT

	KQ2 Recommendations	Strength of Recommendation	Quality of Evidence (Refs)				
	Both BCC and cSCC						
1.	PORT is recommended for gross perineural spread that is clinically or radiologically apparent.	Strong	Moderate 29,33-36				
	cSCC						
2.	PORT is recommended for patients with cSCC having close or positive margins that cannot be corrected with further surgery (secondary to morbidity or adverse cosmetic outcome).	Strong	Low 37				
3.	PORT is recommended for patients with cSCC in the setting of recurrence after a prior margin-negative resection.	Strong	Moderate 38-43				
4.	In patients with cSCC, PORT is recommended for T3 and T4 tumors.*	Strong	Moderate 44-46				
5.	In patients with cSCC, PORT is recommended for desmoplastic [†] or infiltrative tumors in the setting of chronic immunosuppression.	Strong	Moderate 44,46				
BCC							
6.	PORT is conditionally recommended in patients with BCC with close or positive margins that cannot be corrected with further surgery (secondary to morbidity or adverse cosmetic outcome).	Conditional	Low 8,24				
7.	PORT is conditionally recommended in patients with BCC in the setting of recurrence after a prior margin-negative resection.	Conditional	Low 8,24,47,48				
8.	PORT is conditionally recommended in patients with BCC with locally advanced or neglected tumors involving bone or infiltrating into muscle.	Conditional	Low 8,24,45				

Abbreviations: BCC = basal cell carcinoma; cSCC = cutaneous squamous cell carcinoma; KQ = key question; PORT = postoperative radiation therapy; RT = radiation therapy.

^{*} American Joint Committee on Cancer staging table, eighth edition.²

⁺ The presence of desmoplasia on light microscopy is defined as fine branches of tumor cells at the periphery and a surrounding stromal reaction. All cSCC in which at least one-third of the representative tumor specimen meet these criteria is classified as desmoplastic cSCC. One study reported findings that perineural or perivascular invasion were always associated with desmoplasia.⁴⁶

Indications for Adjuvant RT

- Primary
 - Margin+
 - Extensive PNI
 - >0.1=mm nerve or widespread/multiple involvement
 - pT3-4
 - SCC mets to parotid

- Nodes
 - ECE
 - Can consider surveillance in pN2a so longa s ECE not present
 - ENI if recurrent after surgery
 - G3, >3cm, and/or large infiltrativeulcerative SqCC
 - Parotid coverage (if intact) for post op face
 - 2cm margin for post op scalp lesion (Wojckicka RTO '09)

Adjuvant RT for PNI?

INTRODUCTION

Cutaneous squamous cell carcinoma (cSCC) is the second most common nonmelanoma skin cancer, accounting for 20% to 50% of all skin cancers.¹ The incidence of cSCC is continuing to rise with increases of 50% to 200% reported over the past 3 decades.²⁻⁴ Although 96% of cSCCs can be treated successfully with wide local excision or Mohs micrographic

surgery, there is a subset of cSCCs that are associated with higher rates of local recurrence, metastasis, and disease-specific death.^{5,6} High-risk features for this subset of cSCCs include tumor diameter of >2 cm, perineural invasion (PNI) of nerves >0.1 mm in caliber, tumor depth beyond subcutaneous fat, poorly differentiated histology, the previously irradiated or recurrent tumor, location in the ear or the lip, tumor arising within scar, and immunosuppression.⁷⁻⁹

The role of adjuvant radiotherapy for these high-risk cSCCs remains unclear. Current National Comprehensive Cancer Network (NCCN)

Evidence acquisition

The population, intervention, control, outcome, and study design method was used to define literature inclusion criteria (Supplementary Table I, available via Mendeley at https://data.mendeley.com/ datasets/ytmw6yncpn/1).¹²⁻¹⁴ The Preferred Reporting Items for Systematic Reviews and Meta-Analyses reporting guidelines¹⁵ and the Meta-analysis of Observational Studies

in Epidemiology repor-

ting guidelines¹⁶ were

used (Supplementary Fig

1, available via Mendeley

at https://data.mendelev.

com/datasets/ytmw6yncp

n/1). A comprehensive

and systematic search

of PubMed/MEDLINE.

Cochrane Database of

Systematic Reviews from

2006 to 2020 was per-

formed by 2 experienced

librarians with input from

the study's principal

investigator (CL) and the

and the

Embase,

CAPSULE SUMMARY

 The indications for adjuvant radiotherapy after margin-negative resection for high-risk cutaneous squamous cell carcinomas are unclear.

This meta-analysis found that adjuvant radiotherapy did not significantly change local recurrence, nodal metastases, regional metastases, and disease-specific death. Randomized controlled trials are necessary to define the benefit of adjuvant radiotherapy in this setting.

lead author (YK). Literature published before 2006

Adjuvant radiotherapy may not significantly change outcomes in highrisk cutaneous squamous cell carcinomas with clear surgical margins: A systematic review and meta-analysis

Yesul Kim, MD,^a Eric J. Lehrer, MD, MS,^b Paul J. Wirth, MD,^a Eiman A. Khesroh, MBBS, MPH,^c Jerry D. Brewer, MD, MS,^d Elizabeth M. Billingsley, MD,^a Nicholas G. Zaorsky, MD, MS,^c and Charlene Lam, MD, MPH^a Hersbey, Pennsylvania; New York, New York; Rochester, Minnesota; and Fairport Harbor, Obio

Check for

KO4 Recommendations	Strength of	Quality of
KQ4 Recommendations	Recommendation	Evidence (Refs)
 In patients with BCC and cSCC receiving RT in the definitive setting, the following dose-fractionation schemes* are recommended: Conventional (180–200 cGy/fx): BED₁₀ 70–93.5 Hypofractionation (210–500 cGy/fx): BED₁₀ 56–88 Implementation Remark: Conventional fractionation is delivered 5 days per week; hypofractionation is delivered daily or 2-4 times per week. 	Strong	Low 10,79,80,82,88-94
 In patients with BCC and cSCC receiving RT in the postoperative setting, the following dose-fractionation schemes* are recommended: Conventional (180–200 cGy/fx): BED₁₀ 59.5–79.2 Hypofractionation (210-500 cGy/fx): BED₁₀ 56–70.2 Implementation Remark: Conventional fractionation is delivered 5 days per week; hypofractionation is delivered daily or 2-4 times per week. 	Strong	Low 5,48,90,93,95-100

Table 7. Recommendations for radiation techniques and dose-fractionation schedules for primary site

 management

Abbreviations: BCC = basal cell carcinoma; BED₁₀ = biologically effective dose assuming an α/β = 10; cSCC = cutaneous squamous cell carcinoma; fx = fraction; KQ = key question; RT = radiation therapy.

* See Table 8 with specific fractionation schemes.



Figure 2. Dose fractionation summary

PRINCIPLES OF RADIATION THERAPY

General Principles

· Protracted fractionation is associated with improved cosmetic results and should be utilized for poorly vascularized or cartilaginous areas.

- For extensive perineural invasion, clinically evident perineural involvement, or involvement of named nerves (particularly in the head and neck region), consider including the course of the local nerves proximally.
- RT is contraindicated for genetic conditions predisposing to skin cancer (eg, basal cell nevus syndrome) and relatively contraindicated for patients with connective tissue diseases (eg, scleroderma).
- Given higher complication rates, re-irradiation should not be routinely utilized for recurrent disease within a prior radiation field.
- · Isotope-based brachytherapy can be an effective treatment for certain sites of disease, particularly on the head and neck.
- There are insufficient long-term efficacy and safety data to support the routine use of electronic surface brachytherapy.

Primary Tumor	Examples of Dose Fractionation and Treatment Duration		
Definitive RT			
Tumor diameter <2 cm	60–64 Gy over 6 to 7 weeks 50–55 Gy over 3 to 4 weeks 40 Gy over 2 weeks 30 Gy in 5 fractions over 2 to 3 weeks		
Tumor diameter ≥2 cm, T3/T4, or those with invasion of bone or deep tissue	60–70 Gy over 6 to 7 weeks 45–55 Gy over 3 to 4 weeks		
Postoperative Adjuvant RT	60–64 Gy over 6 to 7 weeks 50 Gy over 4 weeks		
Regional Disease			
 Lymph node regions, after lymph node dissection 			
 Negative margins, no ECE Positive margins or ECE 	50–60 Gy over 5 to 6 weeks 60–66 Gy over 6 to 7 weeks		
 Lymph node regions, without lymph node dissection 			
 Clinically negative, at risk Clinically positive 	50 Gy over 5 weeks 60–70 Gy over 6 to 7 weeks		
Clinically at-risk nerves	50-60 Gy over 5 to 6 weeks		

General Treatment Information

Dosing – UK Survey, McPartlin, BJR 2014

Table 1. Popularity of commonly suggested dose fractionations

Dose fractionation	Number of times suggested
18 Gy/1#	41
20 Gy/1#	18
32 Gy/5#	27
35 Gy/5#	237
40.5 Gy/9#	22
40 Gy/10#	29
45 Gy/10#	170
45 Gy/9#	51
45 Gy/15#	15
50 Gy/15#	56
50 Gy/20#	57
55 Gy/20#	134
60 Gy/30#	26
66 Gy/33#	11
27 Gy/3# over 2 weeks	20
28 Gy/2# over 6 weeks	11
38 Gy/6# over 6 weeks	11
45 Gy/9# over 3 weeks	24
Figure 1. Fractionation regimes employed for a given scenario in different patient groups. BCC, basal cell carcinomas; SCC, squamous cell carcinomas.



Figure 2. Radiation modality employed for given scenario in different patient groups. BCC, basal cell carcinomas; kv, kilovoltage; SCC, squamous cell carcinomas.



How to choose?

- Can only treat with what you have available
- If you have choice, is a balance between
 - Practicality
 - Resources
 - Toxicity/Anatomy

 Need to know both orthovoltage and electrons well for your exams

Post operative head and neck guidelines – IJROBP 2020

Clinical Investigation

Head and Neck Cancer International Group (HNCIG) Consensus Guidelines for the Delivery of Postoperative Radiation Therapy in Complex Cutaneous Squamous Cell Carcinoma of the Head and Neck (cSCCHN)

Check for updates

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Post Operative Volumes

Target volume	Structure	Definition
Site of primary tumor before excision*	HRTVp	The volume that represents the preoperative primar site GTV transposed onto the planning CT imaging data set and modified to account for postoperative anatomic changes and pathologic findings
Site of involved lymph nodes before excision*	HRTVn	The volume that represents the preoperative regiona nodal site GTV transposed onto the planning CT imaging data set and modified to account for postoperative anatomic changes and pathologic findings
Subsite of the HRTVp likely to carry a higher burden of microscopic disease (ie, positive or margin clearance <2 mm) and warranting a boost dose	HRTVp_Boost	The subvolume that represents the preoperative primary site GTV transposed onto the planning CT imaging data set and modified to account for postoperative anatomic changes and pathologic findings and considered at particularly high risk
Subsite of the HRTVn disease likely to carry a higher burden of microscopic disease (ie, positive margin or extranodal extension)	HRTVn_Boost	The volume that represents the preoperative regional nodal site GTV transposed onto the planning CT imaging data set and modified to account for postoperative anatomic changes and pathologic findings and considered at particularly high risk
Primary site high-risk clinical target volume	CTVp_HR	Minimum volume includes HRTVp + 5 mm isotropic expansion and modified to anatomic barriers. May also include the entire operative bec reconstruction flap, or graft site. Resected LNPN
Nodal site high-risk clinical target volume	CTVn_HR	Minimum volume includes HRTVn + 5 mm isotropic expansion and modified to anatomic barriers. May also include the entire involved nec node level/basin or neck dissection/parotidectom bed
Primary site lesser risk clinical target volume	CTVp_LR	The primary site operative bed that does not meet the criteria for CTVp_HR and modified to anatomic barriers. May also include the broader operative bed, reconstruction flap, or graft site. For LNPN it also includes the undissected zone proximal to the involved zone
Nodal site lesser risk clinical target volume	CTVn_LR	The nodal dissection operative bed that does not meet the criteria for CTVn_HR, modified to anatomic barriers, and next echelon of surgically undisrupted clinically uninvolved nodes (elective
Primary tumor boost site (optional)	CTVp_HR_Boost	Minimum volume includes HRTVp_Boost + 5 mm expansion and modified to anatomic barriers
Nodal site boost site (optional)	CTVn_HR_Boost	Minimum volume includes HRTVn_Boost + 5 mm expansion and modified to anatomic barriers

Abbreviations: CT = computed tomography; CTV = clinical target volume; GTV = gross tumor volume; HR = high risk; HRTV = high-risk tumor volume; LNPNS = large nerve perineural spread; LR = low risk; n = nodal; p = primary.

* Where there is substantial overlap of the HRTVp and HRTVn, a single HRTV termed HRTVp/n may be used (eg, an extensive primary lesion over the preauricular area with underlying intraparotid nodal metastases).

Post Operative Doses

Target volume	IMRT technique	Non-IMRT technique
PTVp_HR and/or PTVn_HR	60.0 Gy in 30 fractions	60.0 Gy in 30 fractions
PTVp_LR and/or PTVn_LR	56.0 Gy in 30 fractions	54.0 Gy in 27 fractions
•	Optional: 54.0 Gy in 30	Optional: 50.0 Gy in 25 fractions for
	fractions for surgically undisrupted LR region	surgically undisrupted LR region
PTVp_boost and/or	66.0 Gy in 33 fractions or	66.0 Gy in 33 fractions
PTVn_boost (optional)	63.0 Gy in 30 fractions	

Abbreviations: HR = high risk; IMRT = intensity modulated radiation therapy; LR = lesser risk; n = nodal involvement; p = primary site; PTV = planning target volume.

* Fractionation schedules are described as once daily at 5 fractions per week.

Variance exists, and ok to use SIB with slight hypofraction at RO's discretion (ie 63-66Gy/ 30-33 fr) – see last line

H Zone



BMJ

BMJ 2012;345:e5342 doi: 10.1136/bmj.e5342 (Published 21 August 2012)

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CLINICAL REVIEW

Facial basal cell carcinoma

TROG 05.01 – RT +- carboplatin

VOLUME 36 · NUMBER 13 · MAY 1, 2018

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Check for upd

Postoperative Concurrent Chemoradiotherapy Versus Postoperative Radiotherapy in High-Risk Cutaneous Squamous Cell Carcinoma of the Head and Neck: The Randomized Phase III TROG 05.01 Trial

Sandro Virgilio Porceddu, Mathias Bressel, Michael Geoffrey Poulsen, Adam Stoneley, Michael John Veness, Lizbeth Moira Kenny, Chris Wratten, June Corry, Stephen Cooper, Gerald Blaise Fogarty, Marnie Collins, Michael Kevin Collins, Andrew Martin John Macann, Christopher Gerard Milross, Michael Gordon Penniment, Howard Yu-hao Liu, Madeleine Trudy King, Benedict James Panizza, and Danny Rischin



Fig 2. Kaplan-Meier estimates of (A) freedom from locoregional relapse, (B) disease-free survival, and (C) overall survival by treatment arm. CRT, chemoradiotherapy; RT, radiotherapy.

Table 1: Systemic Therapy Options for	Use with RT	
Preferred Regimens • Cisplatin ² • Clinical trial ^{3,4}	Other Recommended Regimens • None	Useful in Certain Circumstances EGFR inhibitors (eg, cetuximab)² Cisplatin + 5-FU² Carboplatin ± paclitaxel^{2,5,6}

NCCN - Concurrent options



IF CETUXIMAB WAS A PERSON...

I'm not totally useless.





Treatment Planning Considerations

CTV Margins

• BCC

- Well defined, <2cm
 - 0.5-**1.0cm**
- >2cm
 - 1-**1.5cm**
- Use the larger CTV for infiltrative, poorly defined histologies
- 0.5cm depth, 0.25 if mobile, thin skin

Need to tailor to patient, anatomy, technique, and fractionation! IJROBP Khan et al 2011 Rad & Onc Khan et al 2012

• SCC

- Well defined, <2cm
 - 1.1cm
- High risk features, >2cm
 - 1-**1.5cm**
- Min 0.5cm depth

What about PTV?

- PTV/penumbra depends on technique
- IMRT
 - PTV +3-5mm depending on setup, IGRT
- ICRU model breaks down somewhat for clinical setups
- Electrons
 - +5-10mm for penumbra
- Orthovoltage
 - PTV/Penumbra 2-3mm, though often collimated to ~CTV

Orthovoltage	Electrons
 Advantages: Better beam flatness Sharper penumbra Maximum dose at skin Smaller margin Smaller fields No bolus 	 Advantages: No F – factor Greater depth dose with appropriate energy to treat large or thick lesions Can have sharper fall off/less exit dose than orthovoltage if prescribed appropriately
 Disadvantages: High bone absorption (F-factor/photo electric effect) Limited penetration/not ideal for thick or deep lesions 	 Disadvantages: Dosimetry may be more complex Skin sparing effect, need bolus for surface dose at lower energies Larger field size Electron back scatter RBE effects

Stand-off correction factor



Fig 16.3 (a) Positive stand-off of 0.5 cm between lesion and applicator. (b) Negative stand-off of 0.5 cm.

Orthovoltage PDD



Case 1 – BCC of Anterior Pinna



- 1cm margin around full thickness of pinna
- 5cm circle applicator
- 150 kV photons
- HVL 6mm Al
- Shield behind ear
- Bolus*
- 50 Gy / 20

Case 2 – BCC of Nasal Ala



- 0.7cm margin around full thickness of pinna
- 3cmcm circle applicator
- 150 kV photons
- HVL 6mm Al
- 50 Gy / 20
- Shield in left nostril to protect nasal septum
- Consider shield in upper gum

Case 3 - SCC of Preauricular skin



- Electrons modality of choice
 - Spares brain
- Tissue equivalent plug into ear canal to reduce funneling of dose into eardrum and middle ear
- 12 MeV + 0.5cm bolus to 90%
- 66 Gy in 30 fractions
 - RBE is ~0.9

Dose Distributions



Radiation Oncology Physics: A Handbook for Teachers and Students – 8.1.1

Electron PDD



Field size effect on electron PDD









Figure 2. (a) Schematic view of modern day treatment head configuration. Note the 270° achromatic bending magnet that redirects the electron beam towards the patient. (b) Schematic view of treatment head configured for electron beam delivery. Note the scattering foil (actually dual-scattering foils separated 5–10 cm) to broaden the beam, secondary (x-ray) collimator and electron applicator to collimate the beam and ion chamber (actually dual, segmented ionization chamber) used to monitor the beam (from Karzmark and Morton (1989)).

Electron Cutouts - Standard

- Available in a variety of sizes
- Applicators range from 10 cm x 10 cm up to 25 cm x 25 cm in size

Electron Cutouts - Custom



Custom Cutouts

- Old technology
 - Minimum requirements 200MHz processor
 - Recommended requirements – Pentium 500MHz
 - On its last legs
- Moving from Cerrobend to Copper cutouts – 'soon'
 - Lead safety process improvements – important!







Skin Brachytherapy

- Common approaches
 - Surface moulds
 - Electronic brachytherapy approaches
 - Valencia and Leipzig applicators
 - Freiburg Flap applicator
- Electronic brachytherapy becoming more common in USA, especially in dermatology practices as energies required do not need MV or active source radiation license

Freiburg flap applicator



J. Park et al, JACMP 2014

Surface Moulds

Fig. 1

Original paper

High-dose-rate skin brachytherapy with interstitial, surface, or a combination of interstitial and surface mold technique

Serhii Brovchuk, PhD¹, Sang-June Park, PhD², Zoia Shepil, MD¹, Serhii Romanenko, MD¹, Oleg Vaskevych, MD¹ ¹Radiotherapy Department, Kyiv Regional Oncology Dispensary, Kyiv, Ukraine, ²Department of Radiation Oncology, University of California Los Angeles, Los Angeles, USA





Valencia Applicator



- Has a flattening filter
 - Slower dose rate
 - Flatter edges
- 3cm applicator for a 2.5cm lesion

Leipzig applicator



- No flattening filter, faster
- Less uniform isodose, larger 'penumbra'
- 3cm diameter for 2cm lesion



Interstitial skin brachytherapy

- Excellent for conformal treatment for thicker lesions, face, more suitable for hypofractionated/accelerated treatment
- Excellent OAR sparing, especially near orbit
- Depending on bulk, may need surface mould, more than a single plane of applicators if >5mm depth

Interstitial Skin Brachytherapy



Fig. 5. A 63-year-old patient with BCC, interstitial treatment of two localizations. **A**, **B**) First day of treatment, **C**, **D**) six's day of treatment, and **E**, **F**) three months after BT
Overlap between Surface brachytherapy and Orthovoltage cases



Fig. 2. An example of an 82-year-old female patient, who presented with a lesion of the medial inferior eyelid (**A**). Flap plicator was placed, and thermoplastic mask was created to secure its position (**B**). Simulation CT was obtained (**C**). 40 G 8 twice weekly fractions was delivered using HDR-brachytherapy. During the final week of treatment, she developed grade onjunctivitis, which was treated with a two-day course of antibiotic/steroid eye suspension. On initial follow-up one-more st-treatment, her conjunctivitis had resolved, and the lesion had diminished in size. By follow-up at seven months, her lesion a completely resolved, with minimal hypopigmentation or scarring (**D**)



FIG. 9. The beam setup and the dose distributions of treatment plans for multitarget using 4-box photon beam with multileaf collimator (PB), electron beam (EB), high-dose-rate (HDR) brachytherapy, intensity-modulated radiation therapy (IMRT), and volumetric-modulated arc therapy (VMAT) are shown. The beam setup of PB (a), EB (e), HDR (i), IMRT (m), and VMAT (q) are shown. The axial dose distribution of PB (b), EB (f), HDR (j), IMRT (n), and VMAT (r) are shown. The sagittal dose distribution of PB (d), EB (h), HDR (l), IMRT (p), and VMAT (t), as well as the coronal dose distribution of PB (c), EB (g), HDR (k), IMRT (o), and VMAT (s), are also shown.

Surface brachytherapy applications

- Uneven/complex surfaces
 - FF excellent for circumferential targets (So is VMAT but VMAT will have higher exit doses)
- Tight conformality desired
 - Eg reirradiation
- Desire for superficial coverage only with importance of deeper structure dose sparing
- Some overlap with case selections between this, orthovoltage, etc
- Useful if centre has HDR capability without orthovoltage capability
 - More likely to encounter in US cancer centres than Canadian cancer centres
- Is this superior to IMRT/VMAT photon approach? Unclear

Skin brachytherapy doses

Table 2

Different effective doses and fractionation for superficial brachytherapy.

Author	Year	N. patients	N. Fractions	Dose per fraction	Total dose	Days per week	Fractions per day	Prescription	Applicator
Svoboda et al. [14]	1995	130	1	20 Gy	20 Gy	1	1	Surface	Mould
			3	9–10 Gy	27-30 Gy	1	1	Surface	Mould
			10	4 Gy	40 Gy	5	1	Surface	Mould
Guix et al. [17]	2000	136	33-36	1.8 Gy	59.4-64.8 Gy	5	1	5 mm	Mould
Skowronek et al. [18]	2005	179	5	10 Gy	50 Gy	1	1	5 mm	Mould/flap
			12	5 Gy	60 Gy	2	1	5 mm	Mould/flap
Maroñas et al. [19]	2011	51	11 or 12	4 Gy	44-48 Gy	3	1	3 mm	Mould/flap
			18	3 Gy	54 Gy	3	1	3 mm	Mould
			5	7 Gy	35 Gy	2	1	3 mm	Mould
Arenas et al. [28]	2015	13	17	3 Gy	51 Gy	3	1	5 mm	Mould
Allan et al. [53]	1998	28	8	5-5.5 Gy	40-44 Gy	5	2	2–3 mm	Mould
Rembielak	Unpub	lished data	8	4.7-5 Gy	37.6-40 Gy	4	2	5 mm	Mould
Arenas et al. [28]	2015	101	15-19	3 Gy	45-57 Gy	3	1	3–5 mm	Leipzig
Köhler-Brock et al. [26]	1999	520	8	5 Gy	40 Gy	2	1	6–8 mm	Leipzig
			3	10 Gy	30 Gy	1	1	6–8 mm	Leipzig
Ghaly et al. [35]	2008	67	8	5 Gy	40 Gy	2	1	Variable	Leipzig
Gauden et al. [27]	2013	236	12	3 Gy	36 Gy	5	1	3-4 mm	Leipzig
Tormo et al. [33]	2014	78	6-7	6–7 Gy	42 Gy	2	1	3-4 mm	Valencia
Delishaj et al. [34]	2015	84	8	5 Gy	40 Gy	2 or 3	1	3-4 mm	Valencia

More Skin brachytherapy doses

Table 2

Reported dose/fractionation regimens by treatment technique

Technique ^a					
Electronic brachytherapy	42 Gy/6 fractions				
	42 Gy/7 fractions				
	40 Gy/8 fractions				
	Sensitive areas (e.g. face, lower extremity particularly anterior shin):				
	40-50 Gy/8-10 fractions				
	45-55 Gy/15-20 fractions				
	60-74 Gy/30-37 fractions				
Radionuclide-based applicators	42 Gy/6 fractions				
	42 Gy/7 fractions				
	40 Gy/8 fractions				
	Sensitive areas:				
	40-50 Gy/8-10 fractions				
	44-54 Gy/15-18 fractions				
Molds/flaps	40-50 Gy/10-12 fractions				
	42 Gy/6 fractions				
	42 Gy/7 fractions				
	Sensitive Areas:				
	60-70 Gy/30-35 fractions				
	55 Gy/20 fractions				
	40 Gy/10 fractions				
	Postoperative:				
	35-40 Gy/10 fractions				
	40 Gy-45 Gy/8-9 fractions				
	42.5 Gy/17 fractions				
	60 Gy/20 fractions				
	30 Gy/10 fractions				
Interstitial brachytherapy	36-55 Gy/8-10 fractions				
	Postoperative:				
	30-50 Gy/9-10 fractions				

More reading



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GEC-ESTRO ACROP Guideline

GEC-ESTRO ACROP recommendations in skin brachytherapy

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ABS Consensus Statement

The American Brachytherapy society consensus statement for skin brachytherapy

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Combining beams

- Combining beam types can offer an advantage when planning difficult cases
- Leverages depth of photons, and dose fall-off particle therapies
- Patients referred to proton centres rare receive exclusively proton RT for entire treatment
 - Other reasons apart from technical advantage for this

- Downsides are the complexity of planning
- We will discuss opportunities where mixed beam approaches can add value
- Still an area of active research in treatment planning, medical physics community

Orthovoltage Bump

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Radiation therapy for deep periocular cancer treatments when protons are unavailable: is combining electrons and orthovoltage therapy beneficial?

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Fig. 2. Set-up for combination electrons with orthovoltage bump cases. Top: electron portion of treatment. Patients are immobilized within an Aquaplast shell; orbital shielding (only in medial canthus cases) is provided directly in the aperture. Bottom: orthovoltage therapy is performed with a tungsten eye shield in place and a custom lead cut-out.



Fig. 4. Isodose distributions for each case for electrons only, electrons with orthovoltage bump, volumetric-modulated arc therapy, conformal arc plans and proton therapy plans. Unless otherwise indicated, red, blue, green, magenta, beige and orange correspond to 95%, 90%, 80%, 70%, 50% and 30% isodose levels, respectively. Differences noted in image resolution are due to display differences between planning systems. OBE: electrons with orthovoltage bump; VMAT: volumetric-modulated arc therapy.



Fig. 3. PDD profiles by modality. Plotted are percentage depth-dose profiles for Case 1: retro-orbital melanoma; Case 2: large squamous cell carcinoma over superior eyelid; Case 3: medial canthus lesion number 1; and Case 4: second medial canthus lesion. Red, orange, green, blue and magenta colors correspond to plans for electron therapy, electrons with orthovoltage bump, volumetric-modulated arc therapy, conformal arc therapy and proton therapy, respectively.



Fig. 5. Planning target volume (PTV) dose-volume histogram (DVH) profiles by modality. Plotted are DVHs showing PTV coverage for Case 1: retro-orbital melanoma; Case 2: large squamous cell carcinoma over superior eyelid; Case 3: medial canthus lesion number 1; and Case 4: second medial canthus lesion. Red, orange, green, blue and magenta colors correspond to plans for electron therapy, electrons with orthovoltage bump, volumetric-modulated arc therapy, conformal arc therapy and proton therapy, respectively.



Fig. 6. Retinal dose-volume histogram (DVH) profiles by modality. Plotted are DVHs showing retinal dose for Case 1: retroorbital melanoma; Case 2: large squamous cell carcinoma over superior eyelid; Case 3: medial canthus lesion number 1; and Case 4: second medial canthus lesion. Red, orange, green, blue and magenta colors correspond to plans for electron therapy, electrons with orthovoltage bump, volumetric-modulated arc therapy, conformal arc therapy and proton therapy, respectively.

Challenges with particle therapy planning

- Robustness is a challenge as soon as you start working with complex field arrangements
 - Particles like to 'bounce around'
- Robustness optimization packages do exist for protons
- Methodologies exist at the research level for Mixed-Beam electron and photon optimization
 - Highly resource intensive to plan
 - But can be delivered on any standard linac
 - Can obliviate need to place bolus as can get adequate skin dose with electron contributions

Why discuss novel techniques?

- Wish to highlight for you that the choice of modality here can greatly affect what DVH is possible for target and OAR
- Your ultimate choice will depend on what resources are available to you in practice
- Just remember, there is more possible than just VMAT

Total skin electron therapy

- Really reserved for Mucosis Fungoides & Sézary Syndrome, few other (if any) indications
- COMPLEX
- Multiple techniques exist suggest review article

Review paper

Total skin electron irradiation techniques: a review

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Figure 1 Stanford 6-field patient positioning (left) and TSEBT schedule (right). Right posterior oblique (RPO), anteroposterior (AP), and left posterior oblique (LPO) positions are treated on day 1. Right anterior oblique (RAO), posteroanterior (PA), and left anterior oblique (LAO) positions are treated on day 2. One fraction consists of day 1 and day 2 treatments. Two fractions are delivered per week. TSEBT, total skin electron beam therapy.



Figure 2. Positions of treatment apparatus gantry used to generate a dual field for the anterior body position in large-field TSEI [30]



Figure 3. Patient setup and geometric conditions of the single field rotation technique [58]

Is TEST truly 'Total'?

- There are areas that are undercovered, some of which are patient specific. Do not need to treat each of these for each patient, but requires a careful physical exam and if there is disease in the region, suggest boosting
- These are (but not limited to)
 - Scalp
 - Underneath pannus
 - Soles of feet
 - Perineum

TEST is Toxic

 Doses are now shifting lower. Previously 30 Gy, now low dose regimens (eg 10-20 Gy) being evaluated and chosen more often, especially in context of evolving systemic therapy

Review Article



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Total skin electron beam therapy in mycosis fungoides—a shift towards lower dose?

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Merkel Cell Carcinoma

Merkel Cell Carcinoma - Rare

- Rare ~0.6/100 000 people/ year
- Canada estimated 290 diagnoses/year

Merkel Cell Carcinoma Genetics

- Merkel cell polyomavirus (MCV) detected in >80%
- MCV viral proteins bind to RB, interfering with TP53
- MCV neg UV induced mutational inactivation of p53 and Tb, more mutations (prognosis ?worse)
- CK20- associated with MCV

Merkel Cell Histology

- Cell of origin thought to be epidermal or dermal cell, rather than differentiated Merkel cell
 - ie not a tactile neuroendocrine epithelial cell (aka touch cell)
- One of those small round blue cell tumors



Merkel Cell Presentation

- Rapidly enlarging, painless, red denuded nodule
- 65% local dz
- 25% regional
- 10% DM
- 20% have occult LN involvement, even if <2cm primary
- Ultimately DM in 50-60%
- Need PET staging and followup



TABLE 19.2: AJCC 8th ed. (2017) Staging for Merkel Cell Carcinoma ⁶								
T/M	N	cN0	cN1	pN1a(sn)	pN1a	pN1b	c/pN2	c/pN3
T1	• ≤2 cm	Ι					1	
T2	• 2.1–5 cm							
		IIA	IIIA IIIB					
T3	• >5 cm							
T4	 Invasion¹ 	IIB						
M1a	Distant skinSubcutaneous tissueDistant LN	IV						
M1b	• Lung							
M1c	Any other visceral sites							

Major changes in the AJCC 8th Edition include delineation between clinical & pathologic N categories, new N2-N3 categories and updates to the prognostic staging groups.

Notes: Invasion¹ = Invasion into fascia, cartilage, bone, or muscle.

cN1, metastasis in regional LN(s); pN1a(sn), clinically occult regional LN identified by sentinel lymph node biopsy only; pN1a, clinically occult regional LN following lymph node dissection; pN1b, clinically and/or radiologically detected regional LN with microscopic confirmation; c/pN2, in-transit metastasis (discontinuous from primary tumor, located between primary tumor and draining lymph node basin), without LN metastasis; c/pN3, in-transit metastasis with LN metastasis.

Treatment

- WLE with 1-2cm margin
 - cN+ -> FNA
 - cN(-) -> SLNB
- LC 40-50% with Sx alone
 - 80% with adj RT

				Hazard Ratio	Hazard Ratio
Study or Subgroup	log[Hazard Ratio]	SE	Weight	IV, Fixed, 95% CI	IV, Fixed, 95% CI
Asgari/2014	-0.1054	0.2069	2.8%	0.90 [0.60, 1.35]	
Balakrishnan/2013	-0.9943	0.5337	0.4%	0.37 [0.13, 1.05]	
Ehatia/2016	-0.2095	0.102	11.7%	0.81 [0.66, 0.99]	-
Boyer/2002	-0.0513	0.6611	0.3%	0.95 [0.26, 3.47]	
Cher/2015	-0.2231	0.0681	26.2%	0.80 [0.70, 0.91]	
Clark/2007	-0.6539	0.3737	0.9%	0.52 [0.25, 1.08]	
Ghadjar/2011	-0.0513	0.2606	1.8%	0.95 [0.57, 1.58]	
Gillenwater/2001	0.0488	0.3393	1.1%	1.05 [0.54, 2.04]	
HowleJ2012	-0.0619	0.2735	1.6%	0.94 [0.55, 1.61]	
Jabbour/2007	-0.9416	0.3945	0.8%	0.39 [0.18, 0.85]	
Jouary/2011	0.207	0.586	0.4%	1.23 [0.39, 3.88]	
Kim/2013	-0.2485	0.1254	7.7%	0.78 [0.61, 1.00]	
Mojica/2007	-0.1625	0.0639	29.8%	0.85 [0.75, 0.96]	-
Morrison/1990	-0.3711	0.425	0.7%	0.69 [0.30, 1.59]	
Pectasides/2008	-0.6349	0.717	0.2%	0.53 [0.13, 2.16]	
Rastrell/2018	-0.1393	0.3364	1.1%	0.87 [0.45, 1.68]	
Reichgel#2011	-0.1985	0.1185	8.7%	0.82 [0.65, 1.03]	-+-
Senchenkov/2007	-0.6539	0.6014	0.3%	0.52 [0.16, 1.69]	
Serv/2016	-1.8326	0.5935	0.3%	0.16 [0.05, 0.51]	
Strom/2016	-0.6349	0.4723	0.5%	0.53 [0.21, 1.34]	
Takagishi/2016	-0.1054	0.6961	0.3%	0.90 [0.23, 3.52]	
Tarantola/2012	-0.1985	0.3176	1.2%	0.82 [0.44, 1.53]	
Van Veneendaal/2018	0.0953	0.3093	1.3%	1.10 [0.60, 2.02]	
Total (95% CI)			100.0%	0.81 [0.76, 0.87]	•
Heterogeneity. Chi ² = 20.13, cf = 22 (P = 0.57); l ² = 0%					the dealer of th
Test for overall effect Z	= 5.96 (P < 0.00001)				0.05 0.2 1 5 20 Favours adj RT Favours surgery alone

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Fig. 2. Forrest plot for overall survival analysis.

Risk factors for recurrence

- Thickness/DOI
- LVSI
- Infiltrative growth
- SLN status

Adjuvant RT

- Recurrences recur early
 - Treat early, ideally w/in 4-6 weeks
- Could consider observation:
 - <1-2cm, widely excised, no LVI, not immunosuppressed

Stage I MCC - Obs vs RT

original articles

Annals of Oncology

Annals of Oncology 23: 1074–1080, 2012 doi:10.1093/annonc/mdr318 Published online 12 July 2011

Adjuvant prophylactic regional radiotherapy versus observation in stage I Merkel cell carcinoma: a multicentric prospective randomized study

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Stage I MCC – Obs vs RT

- Pretty damn good to have 100% regional control
- RT is effective radiosensitive tumor



Figure 3. Regional recurrence probability according to the randomization group (group A: n = 39 patients; group B: n = 44 patients), P = 0.007. The group A curve intermingles with the abscises line as no patient experienced regional recurrence in this group.

Treatment planning

- Cutaneous Oncology Group of French Society of Dermatology Guidelines (Boccara Eur J Derm 2012)
 - 50 Gy + 3cm margins +10 Gy boost to tumor bed
- CTV at least >=2cm in H&N
- CTV = 3-5cm elsewhere

- R0: 50-56 Gy
- R1: 56- 60 Gy
- R2 or gross nodes 60-66 Gy
- cN0 without nodal evaluation
 - 45 50 Gy
- Coverage of LNs for SLNB(-) or LND(-) is controversial

Prognosis – Song, ASO 2020

- 50% stage I, 36% stage III
- MFU 3y
- Regional or DM in ~60%



FIG. 4 Kaplan-Meier estimates of Merkel cell-specific survival

Surface Anatomy – Dunn et al, British Journal of Plastic Surgery 1997








Good luck everyone

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